



ZORAM MEDICAL COLLEGE & HOSPITAL

Government of Mizoram

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No.A47097/1/2025-ZMC&H/ACAD/39-40

Dated Falkawn, the 17th August, 2026

CIRCULAR

As per the Public Notice issued by the National Medical Commission (NMC) vide **No. CDN-20011/322/2026-Coordination-NMC** dated **13th August 2026**, all MBBS batches of Zoram Medical College & Hospital having theory classes on **18th August 2026** are informed that the **"National Pledge Against Drug Abuse"** will be observed.

All concerned MBBS batches are requested to **take the National Pledge Against Drug Abuse** as part of the **Nasha Mukh Bharat Abhiyaan** tomorrow during 9:00 AM in theory class.

It is further informed that **at least two geo-tagged photographs** shall be taken for each batch while taking the pledge. The photographs should be sent to **academic@zmc.edu.in**. The respective **Class Representatives (CRs)** shall be responsible for taking the geo-tagged photographs and submitting them to the email.

In addition, all **faculty members, doctors, staff, interns, PG students and MBBS students** are requested to participate in the **online e-Pledge** through the following link:
<https://nashamukt.dosje.gov.in/epledge>.

After completing the registration and taking the online e-Pledge, participants may download the **e-Pledge Certificate** for their record.

All concerned are requested to extend their full cooperation and participation in the programme.

Enclo: NMBA Pledge

(Handwritten Signature)
(Prof. ZORAMTHARA ZADENG)
Director
Zoram Medical College & Hospital
Falkawn, Mizoram

Memo No.A47097/1/2025-ZMC&H/ACAD/39-40

Dated Falkawn, the 17th August, 2026

Copy to:

- 1) PA to the Director, ZMC&H, for kind information
- 2) Medical Superintendent, ZMC&H, for kind information
- 3) Registrar, ZMC&H, for kind information
- 4) Dean, ZMC&H, for kind information
- 5) Website Administrator, ZMC&H, for uploading in the College Website
- 6) ZMC&H Official WhatsApp Group, for information and necessary action
- 7) Faculty WhatsApp Group, ZMC&H, for information and necessary action
- 8) All Students' WhatsApp Groups, ZMC&H, for information and necessary action
- 9) Guard File

(Handwritten Signature)
Director
Zoram Medical College & Hospital
Falkawn, Mizoram

Nasha Mukht Bharat Abhiyan (NMBA) Pledge
sawī rual chu a hnuaī ami ang hian :

Kan ram ruihhlovin nasa taka a tih buai mek hi,
theih tawpa do turin ka intiam a;

Midangten ruihhlo hman sual that loh zia leh a
nghawng ṭhalote an lo hriat a, inven nachang an
lo hriat theihna turin, ka ngaihtuahna, tha leh
zung hmang turin ka intiam a. Kan ram harsatna
hi pawmin vawiinah hian Nasha Mukht Bharat
Abhiyan hnuaiah kan inpumkhat a; khawtlang,
chhungte, thiante chauh ni lovin kei ngei pawh
hi ruihhlo a fihlim turin ka intiam baw k e.