



ZORAM MEDICAL COLLEGE & HOSPITAL

Government of Mizoram

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No.F.20020/1/2019-ZMC(EV)/232

Dated the 24th July, 2025

HRIATTIRNA

Zoram Medical College & Hospital a MBBS hostel atan Mess Contractor tur duh a ni a. A dil duh chuan ziakin Chairman, Hostel Development Committee, Zoram Medical College & Hospital hnenah dilna thehluh tur a ni e. Dilna hi Dt: 6th August, 1:00 PM thleng thehluh theih a ni.

Diltute tana hriattur:

1. Mess hi nikhatah vawi thum - Breakfast, Lunch, Dinner sem tur a ni a. A hnuia tarlan ang hian hunbi nei a sem tur a ni ang.
 - a. Breakfast: 6:30 AM - 8:00 AM
 - b. Lunch: 1:00 PM - 2:00 PM
 - c. Dinner: 7:00 PM - 8:00 PM
2. Hostel Mess hi Mipa leh Hmeichhe tan a hran a buatsaih tur a ni. Hostel tinah eitur hi sem vek tur a ni.
 - a. Mipa Hostel pahnih (2) + Tribal Hostel tan Bennet Hostel choka a eirawngbawl tur a ni a.
 - b. Hmeichhe Hostel pahnih (2) + PG Hostel tan Blackwell Hostel choka a eirawngbawl tur a ni.
3. Mess hi thianghlim leh tuihnai taka buatsaih tur a ni.
4. Karkhatah vawihnih tal sa (meat) buatsaih tur a ni.
5. Zirlai hnam dang an awm avangin hengte hi ngaih pawimawh tur a ni.
 - a. Vegetarian option siam tur a ni a, sahmeh changin a aiawh siam tur a ni ang.
 - b. Sa siam a nih reng rengin vegetarian-te eitur nen tihpawl loh tur a ni ang.
 - c. Buhfai (rice) ei ngailo an awm thin avangin a aiawhtur Roti siam theih tur a ni bawk.
 - d. Chawhmehah Mizo duhzawng ni si, hnamdang tana ei theihloh tur chi, uih lam chi buatsaih loh tur a ni.
6. Menu-ah thei(fruits) emaw thlairah / thlaihnah hel ei chi telh tur a ni.
7. Mess Fee hi ₹ 3500 per head per month a ni tur a ni. Hemi mil hian menu buatsaih tur a ni ang.
8. Mess hi zirlai naupang mess fee atanga buatsaih tur a ni a, sum mamawh belh leh senso ngai dang awm chu contractor-te mawphurna a ni ang.
9. Menu hi tar lan atangin committee hriatpuina lo chuan tihdanglam loh tur a ni.
10. Annexure-a table hi dahkhah a, dilna lehkha ah thil tel tur a ni.

(Prof. LALNUNMAII SAILO)

Chairman,

Hostel Development Committee,
Zoram Medical College & Hospital,
Mizoram: Falkawn.

DETAILS OF FIRMS APPLYING FOR
HOSTEL MESS CONTRACT

1. Name of Firm/Agency: _____
2. Name of Proprietor: _____
3. Address of Firm: _____
4. Contact No: _____
5. Email: _____
6. Licence Details & No: _____
7. Remarks: _____

Signature with seal

Date: _____

Place: _____

MENU PROPOSAL

Name: _____

No. of supporting staff: _____

Days		Breakfast	Lunch	Dinner	Remarks
1	MONDAY	1			
		2			
		3			
		4			
		5			
		6			
		7			
2	TUESDAY	1			
		2			
		3			
		4			
		5			
		6			
		7			
3	WEDNESDAY	1			
		2			
		3			
		4			
		5			
		6			
		7			

Days			Breakfast	Lunch	Dinner	Remarks
4	THURSDAY	1				
		2				
		3				
		4				
		5				
		6				
		7				
5	FRIDAY	1				
		2				
		3				
		4				
		5				
		6				
		7				
6	SATURDAY	1				
		2				
		3				
		4				
		5				
		6				
		7				
7	SUNDAY	1				
		2				
		3				
		4				
		5				
		6				
		7				