



ZORAM MEDICAL COLLEGE & HOSPITAL

Government of Mizoram
Falkawn, Aizawl District, Mizoram - 796005

9863272133 (Adm)
6033188259 (Ac)
9383212171 (Casu)
zmc@zmc.edu
director@zmc.edu
academic@zmc.edu
medsup.falkawn@gmail.com
zmc.edu

No.A.12032/1/2025-ZMCH(E) Dated Falkawn, the 26th September, 2025

NOTIFICATION

On the recommendation of the Selection Committee as per the powers conferred under Rule 7(2)(4) of the Zoram Medical College (Recruitment & Conditions of Service for Non-Teaching Employees) Rules, 2024 and in the interest of public service, the competent authority is pleased to notify syllabus for the competitive examination to the post of Medical Officer, Lady Medical Officer, Demonstrator and Junior Resident under Zoram Medical College & Hospital as per Annexure appended herewith.

ॐ

Sd/- H. LALENGMAWIA, IAS
Commissioner & Secretary to the Govt. of Mizoram
Health & Family Welfare Department
&

Chairman, Selection Committee, ZMC&H

Memo.No.A.12032/1/2025-ZMCH(E) Dated Falkawn, the 26th September, 2025

Copy to:-

1. P.P.S to Commissioner & Secretary, H&FW Dept.
2. P.S to Commissioner & Secretary, DP&AR
3. Principal Director, H&FW Dept.
4. Director of Hospital & Medical Education / Health Services.
5. Medical Superintendent, ZMC&H.
- ✓ 6. Web Manager, ZMC&H.
7. Notice Board.
8. Guard file.

Mthaw
26/9/2025
(Prof. ZORAMTHARA ZADENG)

Director &
Member Secretary, Selection Committee
Zoram Medical College & Hospital

**SYLLABUS FOR DIRECT RECRUITMENT TO MEDICAL OFFICER
AT ZORAM MEDICAL COLLEGE & HOSPITAL**

Paper-I

[General Paper]

Total marks : 200

Duration : 3 hours

- | | | |
|-----------------------|---|-----------|
| (a) General English | - | 100 marks |
| (b) General Knowledge | - | 100 marks |

Paper-II

[Technical Paper - I]

Total marks : 200

Duration : 3 hours

- | | | |
|--|---|-----------|
| (a) General Medicine and allied | - | 100 marks |
| (b) Preventive & Social Medicine/ Community Medicine | - | 60 marks |
| (c) Paediatrics | - | 40 marks |

Paper-III

[Technical Paper – II & Aptitude Test]

Total marks : 200

Duration : 3 hours

- | | | |
|------------------------------------|---|-----------|
| (a) General Surgery and allied | - | 100 marks |
| (b) Obstetrics & Gynaecology | - | 60 marks |
| (c) Forensic Medicine & Toxicology | - | 20 marks |
| (d) Aptitude test | - | 20 marks |

Mark over

DETAILED SYLLABUS

Paper-I [General paper]

1) General English

- a) Comprehension of given passages
- b) Précis writing
- c) Usage and vocabulary
- a) Short essay

2) General Knowledge

- a) History and culture of Mizoram
- b) Current events of national and international importance
- c) The role and impact of technology in the development of medical science
- d) Recent advancement in medical science
- e) General principles of health care & hospital management

Paper-II [Technical Paper - I]

1) General Medicine & Allied

Basic principles of internal medicine including: immunological diseases; nutritional disorders; diseases due to physical agents; diseases of urinary system; diseases of cardiovascular system; diseases of connective tissues, joints and bones; diseases of endocrine system; diseases of haemopoietic system including haemorrhagic disorders; diseases of gastrointestinal system; diseases of nervous system; diseases of respiratory system; common psychiatric disorders; common skin disorders; blood banking.

2) Preventive & Social Medicine/ Community Medicine

National programmes – family welfare; vector borne disease control; RNTCP; Leprosy; Polio; Immunisation; National Rural Health Mission; Reproductive and Child Health; National AIDS Control Programme; Blindness; National Cancer Control Programme; General Epidemiology – principles and methods, epidemiology of communicable diseases – chickenpox; measles; mumps; influenza; whooping cough; poliomyelitis; viral hepatitis; cholera; acute diarrhoeal diseases; malaria; rabies; tetanus; AIDS; epidemiology of non-communicable diseases – coronary heart diseases; hypertension; cancer; diabetes; obesity; blindness; Environmental Health; health care of the community; maternal and Child Health. Nutrition and Health; Management of health data.

3) Paediatrics

Nutritional disorders; haematological disorders; immunity and infections; diseases of gastrointestinal system; cardiovascular system; respiratory system; genito-urinary system; endocrine system and nervous system; basic neonatology



Paper-III [Technical Paper – II & Aptitude test]

1) General Surgery and allied

General principles and practice of surgery, which includes diagnosis of common surgical diseases and their treatment. Diagnosis and management of conditions like burns; acute abdomen; head and spinal injury; retention of urine; fracture and dislocation of bones; hernia; abdominal injuries; wounds; infections and tumours. Common surgical procedures like vasectomy; venesectomy; wound stitching; wound dressing. Peri operative care (pre-op/intra op & post-op). Diseases of external and internal ear; nasal polyps; epistaxis; sinusitis and tonsillitis; tracheostomy and other procedures for airway management.

2) Obstetrics & Gynaecology

Ante natal care and natal assessment of foetal wellbeing. Ante partum haemorrhage, medical and surgical illness complicating pregnancy; contracted pelvis; induction of labour; aids to diagnosis in obstetrics; operative obstetrics; disorder of menstruation; disorders of ovary; pelvic inflammatory diseases; abortion.

3) Forensic Medicine & Toxicology

Legal procedures; Inquest; dying declaration; mechanical injuries; burns and their medico-legal importance; sexual offences; identification in living and dead body; death and post mortem changes; violent asphyxial deaths; general consideration of poisons; common poisons as regards to source, signs, symptoms, treatment and medico-legal aspects of corrosive poisons; metallic poisons; snake and insect bites; opium, ethyl and methyl alcohol; asphyxiants; insecticides and food poisoning.

3) General aptitude test

Mathan