

**ZORAM MEDICAL COLLEGE & HOSPITAL  
FALKAWN – 796005, MIZORAM**



**STUDENTS' HANDBOOK**



## **APPENDIX**

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# 1


## **ABOUT ZORAM MEDICAL COLLEGE & HOSPITAL**

Zoram Medical College & Hospital (ZMC&H) is Mizoram's first medical college, established through a collaboration between the central and state governments. It is affiliated with Mizoram University and located at Falkawn, along the Aizawl-Lunglei Highway. Currently, the hospital functions as a 420-bedded facility, with plans for expansion to 500 beds.

ZMC&H admitted its first batch of 100 MBBS students in the 2018–2019 academic year, following approval by the National Medical Commission under Ministry of Health and Family Welfare. Currently, there are more than 500 students in the campus. The first batch of Students finished their Internship and passed out from ZMC&H in 2024.

The publication of this handbook is approved by the College Development Council Committee, ZMC&H on 21/11/2024 for implementation till further modification.

Dated Falkawn  
The 25<sup>th</sup> March, 2025

  
(Prof. SWATI M. PATKI)  
Dean  
ZMC & H, Falkawn

## 2

# VISION & MISSION

### 1. Vision

ZMC&H aims to achieve medical excellence through quality education and research.

The utmost importance will be given to producing peerless medical graduates equipped with the knowledge and skills to be leaders in health care. It aspires to cater affordable and quality patient care to the people of Mizoram, the surrounding states and the neighbouring countries.

### 2. Mission

- 1) To provide comprehensive service in all medical specialities and to serve as a referral health centre for preventive, diagnostic, curative and rehabilitative care.
- 2) To provide undergraduates with the best theoretical teaching, clinical exposure and training.
- 3) To conduct research in various medical fields giving special importance to the needs of the state.
- 4) To assist the Government of Mizoram in carrying out all responsibilities in matters of health care as required at the national or state level.

### 3

## ACADEMIC INFORMATION

### 1. Admission Process

**1) Seat Allotment:** MBBS Seats are allotted on merit basis through the All India NEET examination by the Medical Counselling Committee (MCC) of India and the Government of Mizoram's Technical Wing of Higher and Technical Education Department.

Selected candidates with their allotment letter, then, come to the college for completing the admission process at the Academic Section.

Admission form may be downloaded from the college website (<https://zmc.edu.in/>) and brought on the date of admission with necessary details filled.

### **2) Fees: (Annual Fee + Hostel Fee)**

#### **1<sup>st</sup> MBBS:**

State and AIQ Category	= ₹ 96,850.00
(including Hostel Rent)	(₹ 79,150.00 + ₹ 17,700.00)
NRI Category	= \$ 20,000.00 USD + ₹ 30,000.00

#### **2<sup>nd</sup> MBBS:**

State and AIQ Category	= ₹ 49,150.00 + ₹ 17,700.00
NRI Category	= \$ 20,000.00 USD

#### **3<sup>rd</sup> MBBS Part-1:**

State and AIQ Category	= ₹ 50,550.00 + ₹ 17,700.00
NRI Category	= \$ 20,000.00 USD

### **3<sup>rd</sup> MBBS Part-2:**

State and AIQ Category = ₹ 50,550.00 + ₹ 17,700.00  
NRI Category = \$ 20,000.00 USD

### **Final 6 Months:**

State and AIQ Category = ₹ 21,550.00 + ₹ 8850.00  
NRI Category = \$ 5,000.00 USD

### **Backpaper Fee for Repeaters:**

#### **State and AIQ Category:**

1<sup>st</sup> and 2<sup>nd</sup> MBBS - ₹ 16,500.00 (1 subject)  
- ₹ 32,800.00 (2 subjects)  
- ₹ 49,150.00 (3 Subjects)

3<sup>rd</sup> Part-1 and 3<sup>rd</sup> Part-2 - ₹ 12,600.00 (1 subject)  
- ₹ 25,300.00 (2 subjects)  
- ₹ 37,900.00 (3 Subjects)  
- ₹ 50,550.00 (4 Subjects)

*(\*Hostel Fee of Rs 17,700 will be collected if necessary)*

**NRI Category:** - \$ 2000.00 USD per paper

**Note:** The Fee amount is as per approved by the Fee Fixation Committee, ZMC&H under the Govt of Mizoram and may be revised from time to time.

**3) Medical Investigation:** Laboratory test (within 3 months prior accepted, to be done at Govt. Hospital/ reputed private laboratories) and reports to be produced at the time of medical examination/screening.



***Investigations required:***

- 1) ECG (to enclose copy)
- 2) Blood Group
- 3) CBC
- 4) RBS
- 5) S.Creatine
- 6) Chest X-ray (to enclose copy)

**4) Document Verification:** Verification of Original documents will be done at the College. Candidates must be present at the college with their parents or guardians for Admission.

Candidates should bring the following hard Copies:

- 1) Result of Six (6) Medical Investigations
- 2) Receipt of ZMC&H MBBS Fee Payment

Original copies of all documents listed below

- 1) Allotment letter
- 2) Class-10 Marksheet
- 3) Class-10 Certificate
- 4) Class-12 Marksheet
- 5) Class-12 Certificate
- 6) Transfer Certificate
- 7) Migration Certificate
- 8) Character Certificate (from the last institution attended)
- 9) ST/SC/OBC Certificate (If applicable)
- 10) Residential/Domicile Certificate
- 11) Admit Card NEET
- 12) Marksheet / Score Card NEET
- 13) Gap period Certificate / Affidavit (If applicable)

- 14) PWD Certificate for Persons with disability (if applicable)
- 15) Copy of Aadhaar Card

These documents will be submitted to the Academic Section and returned to the students on completion of the course or on leaving the institution.

**5) No. of Seats:** The number of MBBS seats per Academic Year is 100 nos. where 70 seats are occupied by the State Quota category, 15 seats by the All India Quota category and the remaining 15 seats by the Non-Resident Indian category.

## 2. Departments

### 1) *Pre-Clinical Departments:*

- a) Anatomy
- b) Bio-chemistry
- c) Physiology

### 2) *Para-clinical Departments:*

- a) Community Medicine
- b) Forensic Medicine & Toxicology
- c) Microbiology
- d) Pathology
- e) Pharmacology

### 3) *Clinical Departments:*

- a) Anaesthesiology
- b) Dentistry
- c) Dermatology, Venereology & Leprology
- d) General Medicine
- e) General Surgery

- f) Obstetrics & Gynaecology
- g) Ophthalmology
- h) Orthopaedics
- i) Otorhinolaryngology (ENT)
- j) Paediatrics
- k) Physical Medicine & Rehabilitation
- l) Psychiatry
- m) Radio-diagnosis
- n) Respiratory Medicine
- o) Transfusion Medicine & Immunohaematology

### **3. Curriculum Overview**

The Competency Based Medical Education also known as CBME curriculum is designed to train students as physicians capable of addressing preventive, promotive, curative, and rehabilitative aspects of healthcare. The curriculum emphasizes community-based learning, integrated teaching, and hands-on experience. All Faculty in ZMC have been trained in this curriculum which is followed in all medical colleges all over India.

### **4. Attendance & Assessment Requirements**

- 1) Attendance:** A minimum of 75% attendance in theory and 80% in practical/clinical postings in every subject is required to appear in examinations.
- 2) Internal Assessment:** Students must secure at least 50% marks in theory and practical in every subject separately for being eligible to appear in University Examination

## **5. Examination Rules**

Exams follow guidelines from Mizoram University, and students must adhere to strict conduct rules during exams. Possession of unauthorized materials (e.g., mobile phones, smartwatch) is strictly prohibited, and any violations will be penalized.

For more information, Handbook of Examination published by Academic Section may be consulted.

## **6. No due Certificate:**

It shall be necessary to obtain a No due Certificate from various Departments and Sections mandated by the College authority to apply for Degree Certificate from Mizoram University after completion of Internship.

## 4 FACILITIES

### **1. Lecture & Examination Halls**

ZMC&H has six Lecture Halls, each with a capacity of 120 students, equipped with the latest audio-visual teaching aids. The examination hall accommodates 250 students and is used for seminars, guest lectures, and academic events.

### **2. Laboratories, Demonstration & Practical Rooms**

Multiple Laboratories, Demonstration rooms and Practical rooms are available in respective departments of ZMC&H.

### **3. Skilled Lab**

A well equipped Skills Lab- Clinical Skills and Advanced Learning Centre is available. It was inaugurated by Dr. R. Lalthangliana, Hon'ble Minister, H&FW on 26th March 2021.

### **4. Rural & Urban Public Health Centres**

Rural & Urban Public Health Centres are well maintained under the Department of Community Medicine at Aibawk and I.T.I. Veng respectively.

### **5. Library**

The ZMC&H Central Library offers access to textbooks, medical journals, and e-resources. It is equipped with Wi-Fi, RFID technology, and an automated system for borrowing books. Special services include reference

support, current awareness services, and access to e-journals.

**1) General Guidelines of ZMC&H Library:-**

**a) Eligibility for Library Membership:**

Library membership is open to all faculty members, residents, MBBS students, para-medical institute employees, and non-teaching staff of Zoram Medical College & Hospital.

All prospective members must fill out the prescribed forms to become members and will be issued a Library Unique Identification for borrowing books.

**b) Borrowing Books:**

Borrowers are fully responsible for the books they check out and must ensure the timely return of undamaged books.

Books can be renewed once provided they have not been requested by another member. Renewal can only be done when the book is physically brought to the library.

**c) Fines and Penalties:**

A fine of Rs. 2/- per day will be charged for overdue books.

Membership will be suspended if the book is overdue by more than two months, and suspension will remain until the outstanding book is returned alongwith the outstanding fine.

**d) *Care of Borrowed Materials:***

Marking, underlining, or damaging books in any form is strictly prohibited. If detected, the borrower will be required to replace the book at full cost (latest edition), and their membership will remain suspended until the book is replaced.

Borrowers must check for torn or missing pages and other damages before borrowing. Any damage should be reported to the librarian immediately.

**e) *Lost Books:***

If a member loses a borrowed book, they must immediately inform the librarian and replace the book. If the book is not available in the market, the member will be charged the cost of the book with a 10% annual escalation from the purchase date.

**f) *Personal Belongings:***

Personal items such as bags and umbrellas must be left at the library entrance. The library is not responsible for the loss of any personal belongings, including mobile phones, wallets, money, or valuable items.

**g) *Behaviour in the Library:***

Smoking, chewing betel nuts, spitting, eating, drinking alcohol, and making noise are prohibited inside the library.

Pets are not allowed in the library.  
Any disturbance or behaviour that interferes with library activities will not be tolerated.

***h) Vandalism and Misuse:***

Any form of vandalism or damage to library materials, furniture, equipment, or the library building will result in stern disciplinary action.

***2) Special Powers of the Librarian***

***a) Refusal of Book Issuance:***

The Librarian has the authority to refuse the issue of a book, with the Director's approval, if deemed necessary for institutional interests.

***b) Recalling Books:***

The Librarian may recall any borrowed book at any time if it is required for the benefit of the institution.

***c) Disciplinary Measures:***

The Librarian has the authority to impose appropriate disciplinary measures, including suspension of membership, for failure to return borrowed materials or for damaging library property, with approval from the College authorities.

***d) Clearance for Leaving the Institution:***

All Library members must return all borrowed books before leaving the institution.



Clearance Certificates will not be issued in case of outstanding dues.

***e) Termination of Membership:***

In cases of severe misconduct or repeated violations, the Librarian, with the Director's approval, has the authority to terminate membership.

***3) Withholding of No Due Certificate***

Outgoing students are required to obtain a Library Clearance Certificate before leaving the institution. Failure to do so will result in the withholding of No Due Certificate.

**6. Hospital**

The Zoram Medical College & Hospital is located at Falkawn, Mizoram, providing students with clinical activities that form the backbone of the students' medical education. With its current 420-bedded capacity, soon to be expanded to 500 beds, the hospital offers a wide range of clinical exposure, ensuring students gain hands-on experience in diagnosing and managing various medical conditions. Equipped with modern amenities and advanced medical equipment, the hospital serves as a referral centre for patients from all over Mizoram, presenting students with diverse clinical cases essential for comprehensive medical training.

As future medical professionals, students are expected to maintain a high standard of behaviour within the hospital premises. Respect towards doctors, nurses, administrative staff, and fellow healthcare workers is of

utmost importance. Students must observe proper etiquette during clinical postings, including punctuality, adherence to clinical guidelines, and maintaining professionalism and empathy while interacting with patients and their families. These interactions serve not only as opportunities for learning but also as reflections of the integrity and discipline expected in the medical field.

The Hospital is headed by a Medical Superintendent and Deputy Medical Superintendent who look after the day to day administration of the Hospital.

## 5

# HOSTEL INFORMATION

### 1. General Information

ZMC&H provides secure, Wi-Fi-enabled hostels. Hostel accommodation is allotted based on availability, with priority given to non-local students. All hostel residents must adhere to the rules and regulations provided at the time of admission.

Hostel accommodation is not compulsory for students.

Violation of hostel rules may lead to expulsion.

For more information, see Hostel Rules and Regulations of ZMC&H as amended from time to time.

### 2. Conduct in Hostels

Students residing in ZMC&H hostels must follow the specific rules and regulations outlined for hostel life, in addition to the general rules of conduct. A few key hostel regulations include:

**1) Visitors:** No unauthorized visitors are allowed in the hostel without prior permission from hostel authorities.

**2) Curfew:** Hostel residents must adhere to the prescribed curfew hours as notified from time to time. Any student found outside their hostel without permission after curfew will face disciplinary action.

- 3) **Noise Levels:** Excessive noise and disturbances that affect the study environment of fellow students will not be tolerated.
- 4) **Cleanliness:** Students are responsible for keeping their rooms and common areas clean and orderly.
- 5) **Prohibited Activities:** Smoking, drinking alcohol, consuming drugs, gambling, and engaging in any illegal activities are strictly forbidden within the hostel premises. Violators will be expelled from the hostel and face further disciplinary action.

## 6

# GENERAL RULES & REGULATIONS

### 1. Code of Conduct

Students of Zoram Medical College & Hospital (ZMC&H) are expected to uphold the highest standards of personal and academic conduct. As representatives of the medical profession in training, students must exhibit professionalism, respect for others, integrity, and responsibility in all their interactions. Misconduct or violations of these rules will result in disciplinary action.

### 2. Student Obligations

Students are required to:

- 1) Conduct themselves with dignity both on and off campus, maintaining a demeanour befitting future medical professionals.
- 2) Respect the rights and dignity of faculty, staff, peers, and patients. This includes refraining from engaging in any conduct that could cause distress or harm to others.
- 3) Follow academic and administrative instructions given by faculty and college authorities without dispute or misbehaviour.
- 4) Ensure that their actions do not harm the reputation of ZMC&H, either intentionally or unintentionally.
- 5) Participate fully in academic activities, including lectures, practical sessions, clinical postings, seminars, and group discussions.

### 3. Academic Conduct

Students must maintain academic integrity at all times. Acts of academic dishonesty, including cheating, plagiarism, and falsification of records, will be severely penalized.

Absenteeism from academic sessions without prior permission will lead to consequences, including being barred from exams or facing additional academic penalties.

- 1) **Assignments & Examinations:** All students are expected to complete and submit assignments by the given deadlines.
- 2) **Examination Rules:** Possession of unauthorized materials (such as mobile phones, electronic devices, or notes) during examinations is prohibited. Any student found violating exam rules will face disciplinary action, which could include expulsion from the college.
- 3) **Group Work:** Collaborative work is encouraged, but students must acknowledge the contributions of others. Plagiarism or mis-representation of work will result in academic penalties.

### 4. Professional Behaviour

Professionalism is central to a medical student's education. Students must behave professionally at all times, especially during clinical interactions with patients and healthcare personnel. Unprofessional behaviour includes but is not limited to:

- 1) Disrespecting patients, staff, or peers, or violating patient confidentiality.

- 2) Failing to adhere to clinical guidelines during hospital postings.
- 3) Improper conduct such as inappropriate language, offensive behaviour, or sexual harassment, will result in immediate investigation and disciplinary action.

## **5. Dress Code**

Students including Interns and Post Graduate Students are required to maintain a professional appearance on campus, especially during clinical postings and practical sessions. The following guidelines must be followed:

- 1) White coats (Lab coats) are mandatory during Theory Class, Clinical duties and Laboratory / Practical work.
- 2) The college ID card must be worn at all times on campus.
- 3) Attire must be clean, neat, and appropriate. Slippers, shorts, casual wear and sports shoes are not permitted during academic hours.
- 4) Personal hygiene is a must, including clean, properly groomed hair and nails.
- 5) Failure to adhere to the dress code will result in warnings, followed by possible suspension for repeat offenses.

## **6. Behaviour on Campus**

ZMC&H is committed to providing a safe and respectful environment for all students. The following conduct is expected:

- 1) **Punctuality:** Students must be on time for all classes, examinations, and other academic sessions. Habitual tardiness may lead to disciplinary action.
- 2) **Classroom Etiquette:** Students are expected to respect classroom norms, refrain from talking during lectures, and avoid disruptions. Mobile phones must be switched off or kept on silent during lectures. Eatables are not allowed in the classroom, practical labs and clinical postings.
- 3) **Use of College Property:** College property, including laboratory equipment, furniture, and library materials, must be used responsibly. Damaging college property, intentionally or through negligence, will result in penalties, including compensation for repairs or replacements.

## 7. Behaviour Off-Campus

ZMC&H students are expected to maintain high standards of conduct and professionalism not only within the college but also when they are off-campus. This includes behaviour in public spaces, interactions with the community, and representation of the college.

- 1) **General Conduct:** Students should always act as responsible citizens and avoid behaviours that could harm their personal reputation or the image of the institution.

Public disturbances, such as engaging in loud or disruptive behaviour, or becoming involved in altercations, are prohibited.



**2) *Respect for Local Laws:*** Students must adhere to all local, state, and national laws. Any violations of the law, including acts of vandalism, violence, theft, or public indecency, will be subject to college disciplinary actions in addition to legal consequences.

Any action which brings disrespect to the College may result in appropriate action being taken by the College authority.

The College will not be held responsible for any accident or untoward events that happen outside the campus.

**3) *Use of Social Media:*** Students should refrain from posting inappropriate or offensive content on social media platforms. This includes defamatory comments, sharing confidential information related to college or hospital activities, or engaging in online harassment or bullying.

Any behaviour on social media that negatively impacts the reputation of ZMC&H or its students will be treated as a serious offense.

**4) *Professional Representation:*** During clinical internships, fieldwork, or college events held off-campus, students are expected to behave with the same level of professionalism as they would within the institution. This includes punctuality, respect towards patients and colleagues, and adherence to ethical guidelines.

**5) *Public Conduct as Medical Professionals:*** As future medical professionals, ZMC&H students should exhibit behaviours that promote public trust in the medical field. This includes being courteous, helpful, and mindful of the societal expectations from a healthcare worker.

## **8. Substance Use & Prohibited Items**

The use of drugs, alcohol, tobacco, or any prohibited substances is not permitted on campus or in hostels. The following rules apply:

**1) *Smoking:*** Smoking is strictly banned on campus and in hostels.

**2) *Alcohol:*** Possession or consumption of alcohol on campus is prohibited.

**3) *Illegal Drugs:*** Use, possession, or distribution of illegal drugs will result in immediate suspension or expulsion, in addition to legal action.

**4) *Weapons & Dangerous Items:*** Possession of firearms, knives, explosives, or any other dangerous items is strictly forbidden and will result in severe penalties, including expulsion and legal action.

## **9. Use of Technology and Social Media**

**1) *Mobile Phones and Electronic Devices:*** Students must use mobile phones responsibly. These devices are not allowed during classes, practicals, clinical postings, or examinations. Unauthorized recording of lectures, practicals, or personal conversations without consent is prohibited.

- 2) **Internet Usage:** Misuse of internet access on campus for activities such as viewing inappropriate material, cyberbullying, or hacking will result in disciplinary action.
- 3) **Social Media Conduct:** Students are expected to maintain professional behaviour on social media platforms. Defamatory comments or any posts that negatively affect the college's reputation will not be tolerated.

## 10. Student Relationships and Harassment

ZMC&H encourages respectful and inclusive relationships among students. The following behaviours will not be tolerated:

- 1) **Sexual Harassment:** Any form of sexual harassment is strictly prohibited. Offenders will face serious disciplinary action, including suspension or expulsion.
- 2) **Bullying:** Physical, verbal, or cyberbullying of any form is unacceptable and will be dealt with harshly.
- 3) **Ragging:** Ragging is strictly forbidden under the National Medical Commission (NMC) regulations. Any student found guilty of ragging will face severe disciplinary action, including expulsion and legal consequences. (*See Anti Ragging of Regulation in ZMC Website*)

## 11. Disciplinary Actions and Penalties

The competent authority may impose any one or more of the following disciplinary actions based on the severity of the misconduct:

- 1) **Warning:** Issued for minor offenses as a formal notice to the student.
- 2) **Fine:** Monetary penalties will be imposed for damage to property or violation of rules.
- 3) **Suspension:** Temporary suspension from academic or hostel activities for a specified period.
- 4) **Expulsion from Hostels:** For serious offenses, students may be permanently expelled from hostel accommodations.
- 5) **Expulsion from College:** In extreme cases, students may be expelled from the college.
- 6) **Cancellation of Admission:** Admission may be revoked in cases of severe misconduct, especially involving criminal activities.
- 7) **Debarring from Examinations:** A student may be prevented from sitting for examinations due to academic dishonesty, absenteeism, or severe misconduct.

### **Appeals Process:**

If a student believes a disciplinary action is unfair, they may appeal in writing to the Competent Authority of the College within seven days of the decision. The committee will review the case and may uphold, amend, or overturn the decision.

## PROHIBITION OF RAGGING

Ragging in any form is strictly prohibited in the campus and outside. ZMC&H rigidly implements the anti-ragging measures issued by National Medical Commission (Prevention and Prohibition of Ragging in Medical Colleges/Institutions) Regulations-2021, amended time to time by formation of Anti-Ragging committee and squad. It is mandatory to fill the Anti-Ragging undertaking, by every student at the time of the admission and on commencement of every academic year.

Definition of Ragging and details on prohibit and prevent this crime with the prescribed penalties and actions are available with the Institute Anti-Ragging Committee are presented below:

### **1. Actions Considered as Ragging:**

- 1) Physical or verbal abuse
- 2) Exploiting freshers for academic or personal tasks
- 3) Financial extortion

### **2. Anti-Ragging measures**

Definition of Ragging and Action that may constitute Ragging

*Ragging is "Any disorderly conduct whether by words spoken or written or by an act which has the effect of teasing, treating or handling with rudeness any other student, indulging in rowdy or undisciplined activities which causes*

*or is likely to cause annoyance, hardship or psychological harm or to raise fear or apprehension thereof in a fresher or a junior student or asking the students to do any act or perform something which such student will not in the ordinary course and which has the effect of causing or generating a sense of shame or embarrassment so as to adversely affect the physique or psyche of a fresher or a junior student.”* (Raghavan Committee Report, 2007, para. 3.19 and UGC Notification F.1-16/2007(CPP-II dated 17, 2009

## **2.1 Actions that may constitute Ragging**

The following actions are included but not limited to those that may constitute “Ragging”

- 1) Any conduct by any student or students whether by words spoken or written or by an act which has the effect of teasing, treating or handling with rudeness a fresher or any other student.
- 2) Indulging in rowdy or undisciplined activities by any students which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student.
- 3) Asking any student to do any act which such the student will not in the ordinary course do and which has the effect of causing or generating a sense of shame, or torment or embarrassment so as to adversely affect the physique or psyche of such fresher or any other student.

- 4) Any act by a senior student that prevents, disrupts or disturbs the regular academic activity of any other student or a fresher.
- 5) Exploiting the services of a fresher or any other student for completing the academic tasks assigned to an individual or a group of students.
- 6) Any act of financial extortion or forceful expenditure burden put on a fresher or any other student by senior students.
- 7) Any act of physical abuse including all variants of it: sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures, causing bodily harm or any other danger to health or person
- 8) Any act or abuse by spoken words, emails, post, snail-mails, blogs, public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill from actively or passively participating in the discomfiture to fresher or any other student.
- 9) Any act of physical or mental abuse (including bullying and exclusion) targeted at another student (fresher or otherwise) on the ground of colour, race, religion, caste, ethnicity, gender (including transgender), sexual orientation, appearance, nationality, regional origins, linguistic identity, place of birth, place of residence or economic background
- 10) Any act that undermines human dignity and respect through humiliation or otherwise

- 11) Any act that affects the mental health and self-confidence of a fresher or any other student with or without an intent to derive a sadistic pleasure or showing off power, authority or superiority by a student over any fresher or any other student
- 12) Any other act not explicitly mentioned above but otherwise construed as an act of ragging in the letter and spirit of the definition under Section 3 of these regulations

## **2.2 Penalties for Ragging**

- 1) The nature of punitive actions that may be decided shall include but shall not be limited to the following, with the provision that one or more of these actions may be imposed, as deemed fit:
  - a) Suspension from attending classes and academic privileges.
  - b) Withholding/ withdrawing scholarship/ fellowship and other benefits
  - c) Debarring from appearing in any test/ examination or other evaluation process
  - d) Withholding results
  - e) Debarring from attending Conference and other academic programmes
  - f) Debarring from representing the institution in any regional, national or international meet, tournament, youth festival, etc.



- g) Suspension/expulsion from the hostel
  - h) Imposition of a fine ranging from Rupees Twenty-Five Thousand to Rupees One Lakh only
  - i) Cancellation of admission
  - j) Rustication from the institution for period ranging from one to four semesters
  - k) Expulsion from the institution and consequent debarring from admission to any other institution for a specified period
- 2) It shall be mandatory to enter whether the student has been punished for the offence of committing or abetting ragging, or not, as also whether the student has displayed persistent violent or aggressive behaviour or any inclination to harm others in the Migration/ Transfer Certificate issued to the student by the institution
- 3) Any other measure as directed by Courts of Law shall be followed
- 4) The Head of the Institution shall follow-up the information regarding the incident of Ragging provided, under Section 8(c) of these Regulations, to the University to which the institution is affiliated with a report regarding the findings of the institutional level inquiry/ investigations and the actions taken thereof.

- 5) The Head of the Institution shall provide a report regarding the incident of ragging and the actions taken thereof to the National Medical Commission having informed earlier according to the provisions of Section 8(c)

## **8**

### **PAYMENT OF FEES**

**1. On Admission:**

All notified fees must be paid by the due date. Late payment will result in penalties, including forfeiture of admission.

**2. Subsequent Years:**

Fees must be paid annually as per college notifications. Delays will incur fines and may result in the withholding of exam admission cards.

Examination fee as prescribed by Mizoram University notified from time to time, shall be paid on or before the due date. If there is any delay and student fails to remit the examination fee even after lapse of the period specified for payment with penalty, such student will not be issued Hall Ticket/Admit Card for the examination(s)/debarred from appearing in the examination(s).

The detailed Fee structure may be seen on ZMC website <https://zmc.edu.in>

## 9

### **POWER OF COMPETENT AUTHORITY AND PENALTIES THAT CAN BE IMPOSED**

The competent authority may impose any one or more of the following punishment/s on the student found guilty of misconduct, indiscipline, in proportion thereof as given in the Students' Handbook.

The decision of the Director/Head of the Institution with regard to disciplinary cases shall be final and all the students shall abide by such decision.

## **10**

### **SAVING CLAUSE**

The rules and regulations outlined in this handbook are subject to amendment or revision by the competent authority of Zoram Medical College & Hospital (ZMC&H) as deemed necessary.

In situations where specific provisions are not explicitly covered in this document, the decision of the Director or a designated authority will be final and binding. Such decisions will prioritize the best interests of the institution, its students, and its staff.

ZMC&H reserves the right to issue supplementary rules or guidelines to address any circumstances or events not foreseen at the time of drafting this handbook.

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## CONTACT INFORMATION

### 1. ADMINISTRATIVE HEAD

S/N	Name	Designation	Phone
1	Dr. John Zohmingthanga	Director	9436140552
2	Prof. Dr. Lalnunmawii Sailo	Registrar	9436362848
3	Prof. Dr. Swati M. Patki	Dean	9810703981
4	Prof. Dr. Zoramthara Zadeng	Medical Supt.	9888188191
5	_____	Dy. Medical Supt.	
6	Dr. Lalrinfela	Estate Officer	9612152064
7	Dr. C. Vankhuma	Sub-Dean (Planning)	7042758768
8	Dr. Benjamin Lalrinpuia	Sub-Dean (Academic)	9862501758
9	Prof. Dr. F. Elizabeth Lalhmangaihi	MEU Coordinator	9436153120
10	T. Lalfamkima	Dy. Director (Adm)	9856722827
11	F. Lalhruaizela	Dy. Director (Acct.)	9774245724
12	Ramengmawia Ralte	Asst. Registrar (Adm)	9436198945
13	Dr. Lalthanthuami	Asst. Registrar (Acad)	9436153435
14	Rex L. Zate	Superintendent	9862572509
15	Zomuana Fanai	Accounts Officer	9862541577

### 2. HEAD OF DEPARTMENT

S/N	Name	Department	
1	Dr. Micky Zodinpuia	Anaesthesiology	9436151171
2	Dr. Bhabajyoti Bora	Anatomy	6000544464
3	Dr. Niren Singh Koch	Biochemistry	9366002319
4	Prof. Dr. Manoj B. Patki	Com. Medicine	9717773981
5	Prof. Dr. Ahmad Danish Rehan	Dentistry	9304884199

6	Dr. C. Laldinthari	Dermatology	8119029677
7	Dr. Linda B. Zohlupuii	FMT	9612694346
8	Prof. Dr. Zorinsangi Varte	General Medicine	8794490084
9	Prof. Dr. C. Vanlalhlua	General Surgery	9862558726
10	Prof. Dr. Swagnik Roy	Microbiology	9748373752
11	Prof. Dr. Vanremmawii	Obs & Gynae.	9436151135
12	Dr. Vanlalruati Fanai	Ophthalmology	8860811930
13	Dr. Joseph C. Vanlalsanga	Orthopaedics	9436157614
14	Dr. Lalhmingmawii	ENT	8837409678
15	Prof. Dr. F. Elizabeth Lalmangaihi	Paediatrics	9436153120
16	Dr. Laltlanzovi	Pathology	9954328810
17	Prof Dr. C. Dinesh M. Naidu	Pharmacology	9704074150
18	Dr. C. Zonunsanga	PMR	8794363886
19	Prof. Dr. KSH Gomti Devi	Physiology	9863500828
20	Dr. Lalhriatpuia	Psychiatry	8014642500
21	Prof. Dr. Wendy L. Ralte	Radiodiagnosis	9436362559
22	Dr. Lalnuntluanga Sailo	Res. Medicine	7995086705
23	Dr. Zothansangi	Central Laboratory	9862635066
24	Dr. ST. Lalhriatpuii	Trans. Medicine	8837357585

### 3. IMPORTANT CONTACT NO:

1. ZMC&H Official + 91 9863 272 133
2. Academic + 91 6033 188 259
3. Casualty + 91 9383 212 171